



35 Deer Park Rd.
Manitowish Waters, WI 54545
715-543-8909 or 715-686-7578
www.TheDinnerTableRestaurant.com

LIGHT FARES

Lobster Taco

Medallions of Lobster, Julienne of Spinach and Dual Monterey jack and Cheddar Cheeses, stuffed in a Flour Tortilla Shell, baked Golden Brown and served on Yellow Tomato Coulis. (Calories 421 / Fat 16 gm. / Sodium 526 mg.)

Yellowfin Tuna

Grilled over Woods and finished with Mint Tomato Coulis, touched with Balsamic Vinegar. (Calories 229 / Fat 06 gm. / Sodium 335 mg.)

Lobster & Shrimp Stir fry

Medallions of Lobster and Gulf Shrimp, wok seared in Peanut Oil with Fresh Vegetables, finished with Hoisin-Ginger Sauce and served Mild or Spicy on Crisp Wontons. (Calories 392 / Fat 08 gm. / Sodium 739 mg.)

Escalope of Veal with Mustard Seeds

Tenderloin of Veal Medallions, pan seared in Corn Oil with Black Mustard Seeds and finished with Fresh Lime. (Calories 178 / Fat 09 gm. / Sodium 340 mg.)

Lamb Kasha

Marinated Ellensburg Lamb Chops, broiled and served with Vegetable Kasha Sauce, accented with Rosemary and Lemon. (Calories 429 / Fat 15 gm. / Sodium 81 mg.)

Breast of Chicken with Winter Vegetables

Prepared in Papillote and served with Herb Sauce.
(Calories 220 / Fat 07 gm. / Sodium 103 mg.)